

Critical Care Skills Checklist (ICU and Telemetry RNs)

Name: _____

Date: _____

Please use the following key: A = Done Frequently; well skilled B = Occasionally done; moderately skilled
C = Rarely done; skill limited D = Observed only; never done

GENERAL	A B C D	MEDICATIONS	A B C D
Administration/Mixing of IV meds	□□□□	Activase	□□□□
Meds via IV push	□□□□	Amiodarone	□□□□
Administration of continuous fluids	□□□□	Atropine	□□□□
Blood/blood product administration/precautions	□□□□	Bretylum	□□□□
Autotransfusion	□□□□	Bumex	□□□□
Calculation of rates		Bicarbonate	□□□□
• Mcg/min	□□□□	Cardizem	□□□□
• Mcg/kg/min	□□□□	Dextrose	□□□□
• Mg/min	□□□□	Digoxin	□□□□
Hang IV Piggyback	□□□□	Diltiazem	□□□□
Heparin Lock	□□□□	Dilantin	□□□□
Hyperalimentation	□□□□	Dobutamine	□□□□
• Peripheral/Central Line	□□□□	Dopamine	□□□□
• Knowledge of solution	□□□□	Epinephrine	□□□□
• Insertion of Central line	□□□□	Esmolol	□□□□
• Use of Broviac/Hickman/Groshong Catheters	□□□□	Heparin	□□□□
• Lab Assessment	□□□□	Inderal	□□□□
• Implanted venous access ports	□□□□	Inocor	□□□□
• Dressing changes	□□□□	Insulin	□□□□
Insertion of peripheral line:	□□□□	Isuprel	□□□□
• Dressing change	□□□□	KCL	□□□□
• d/c line	□□□□	Levophed	□□□□
Universal precautions	□□□□	Lidocaine	□□□□
Isolation procedures		Mannitol	□□□□
• Airborne isolations	□□□□	Magnesium Sulfate	□□□□
• Contact Isolation/Universal Precautions	□□□□	Metoprolol	□□□□
Specimen Collection:		Morphine	□□□□
• Arterial line blood draw	□□□□	Neosynephrine	□□□□
• Blood culture	□□□□	Nipride	□□□□
• Capillary blood draw	□□□□	Nitroglycerine	□□□□
• Central line blood draw	□□□□	Oral anticoagulants	□□□□
• PICC line blood draw	□□□□	Oral and IVP antihypertensives	□□□□
• Sputum	□□□□	Oral and topical nitrates	□□□□
• Stool	□□□□	Phenobarbital	□□□□
• Urine Culture	□□□□	Pavulon	□□□□
• Urinalysis	□□□□	Prednisone	□□□□
• Venipuncture	□□□□	Pitressin	□□□□
Wound Culture	□□□□	Procainamide	□□□□
		Retepase recombinant	□□□□
		Streptokinase	□□□□
		TPA	□□□□
		Verapamil	□□□□
		Vasopressin	□□□□

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- CARDIOVASCULAR:**
- Arterial line/Swan-Ganz set up** **A B C D**
- Remove art line
 - Arterial blood gasses
 - Pressure reading
 - Maintain patency
 - d/c Swan-Ganz
- Assess heart sounds**
- Assist with pacemaker insertion**
- Temporary/single/double/lumen
 - Recognize pacemaker malfunction
 - Paceport Swan-Ganz
- Arrhythmia recognition and intervention**
- Assist with pericardiocentesis**
- External pacemaker maintenance**
- Blood pressure monitoring/auto cuff Assist in:**
- Arterial line insertion
 - Swan/Ganz insertion with or without fluoro
- Obtain 12 lead EKG**
- Normal Anatomy of the Heart**
- Left Side
 - Right Side
- Normal Physiology of CV system**
- Post Angiogram care**
- Post open heart care**
- Fresh
 - 24 Hour post-op
 - 3 days post-op
- Removal of arterial/venous sheaths**
- Resuscitation**
- Team Member
 - Perform defibrillation
 - Perform/set up emergent cardioversion
 - Prepare and administer meds
 - Set up and interpret 12 lead EKG
- SVO2 monitoring**
- Interpretation
 - Troubleshooting
- Swan/Ganz hemodynamic monitoring**
- Knowledge of:
- RA/PAP/PCWP/CO/SVR/CI
- Obtaining and troubleshooting waveform**
- Pre/post cardiac cath care**
- Aortic balloon pump care/monitoring**
- LVAD**
- Use of Cardiac Monitor**
- Proper lead placement

- Use of Doppler** **A B C D**
- Care of patients with:**
- Acute Aneurysm
 - Acute MI
 - Angina
 - CHF
 - Airway maintenance
 - Deep vein thrombosis
 - Pulmonary edema
 - Shock: Cardiogenic
 - Shock: Hypovolemic
 - Shock: Septic
- Transplant/cardiac**
- Post TPA**
- PULMONARY:**
- Care of patients with:**
- Acute respiratory distress
 - AIDS
 - Asthma
 - COPD
 - Hemothorax
 - Pneumonia
 - Pneumothorax
 - Pulmonary embolism
 - TB
 - Transplant/Pulmonary
 - ARDS
- ECMO**
- Interpretation of labs**
- Ambu bag techniques**
- Administer oxygen**
- Use of apnea monitor**
- Assess lung sounds**
- Assist in intubation/extubation**
- Oropharyngeal airway
 - Nasopharyngeal airway
- Chest physiotherapy**
- Complications of
- Chest tube insertion (assist in)**
- Incentive spirometer**
- Nebulizer**
- Normal physiology of pulmonary vascular system**
- Obtain arterial blood gas**
- Result interpretation
- Pavulonized patient**
- Pulse oximetry**
- Suctioning: Oral, NT, ETT**
- Use of emergency equipment

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- Thoracentesis**
- Tracheostomy**
 - Trach tray set up
 - Assist with emergency trach
 - Changing of the trach or tube
- Skin care**
- Dressing changes**
- Ventilator Management**
 - Patient assessment
 - Troubleshooting with vents
 - Weaning from ventilator
- NEUROLOGICAL SYSTEM**
- Assessing sensory-motor function extremities**
- Assist with lumbar puncture**
- Cervical traction**
- Cranial nerve assessment**
- Crutchfield tongs**
- Halo traction**
- LOC assessment**
- Monitoring of ICP**
 - Appropriate interventions for changes in pressure
- Pre/post neuro surgical care**
- Seizure precautions**
- Use of Glasgow coma scale**
- Visual acuity measurement**
- Stryker Frame**
- Care of patients with**
 - Aphasia
 - Closed head injury
 - Craniotomy
 - VP shunt
 - Neuro Shunt
 - CVA
 - Multiple Sclerosis
 - Multiple trauma patient
 - Overdose patient
 - Seizure disorder
 - Spinal cord injury
- GI/GU/ENDO**
- Administer med via NG/gastrostomy tube**
- AV shunt/fistula care**
- Catheter insertion**
 - Female
 - Male
- Care of burn patients**
- Dialysis**
 - Hemo
 - Peritoneal

- CAVHD**
- Insulin preparation and administration**
 - Blood glucose monitoring
- Equipment used**
 - Jejunostomy care
 - NG tube insertion/lavage
 - Normal physiology of renal and GI system
 - Ostomy/stoma care
 - Peritoneal lavage
 - Poison control
 - Wound care irrigations
- Care of the patient with**
 - Acute cholecystitis
 - Acute renal failure
 - Bowel obstruction
 - Diabetes
 - GI bleed
 - Hyper/hypoglycemia
 - Multiple abdominal wounds
 - Paralytic ileus
 - Nephrectomy
 - Pancreatitis
 - Transplant/Kidney
 - T.U.R.P.
 - Whipple procedure
- ORTHO**
 - Total joint replacement
 - Arthroscopic surgery
 - Bucks extension
 - K-wires/Steinman pins
 - Removal of hardware
 - Spika Cast/body cast
 - Cast removal
 - Amputation
 - Skeletal traction
 - Ortho trauma
 - Laminectomy
- PSYCH**
 - Adolescent patients
 - Isolation
 - Rapid tranquilization
 - Eating disorders
 - Procedure for patient signing AMA
 - Disaster protocols
- BASIC PROCEDURES AND EQUIPMENT**
 - Cut down tray
 - CVP tray
 - Culdocentesis tray
 - Thoracentesis tray
 - Unit dose medications

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Basic Procedures and Equip. Cont.

A B C D

- Dosage calculations
- Initiate multiple drips
- Maintain multiple drip dosages
- Charge RN experience
- Team leader experience
- Primary care experience
- SOAP Charting
- Pouring from stock medications
- Narcotic administration
- PIC line insertion
- Restraints
- Initiating care plans
- Organ donor protocol
- Patient directives
- Patient rights/confidentiality

Procedures/Equipment/Drugs you have experience with that are not listed on this checklist.:

Areas of Expertise:
